

Gordon Biersch Menu Analysis Book

Starters	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Asiago Garlic Fries, Cone (1 serving)	1041	494	55	14
Asiago Garlic Fry, Taster (1 serving)	469	224	25	7
Bavarian Pretzel and Sausage (1 serving)	1360	586	65	26
Bavarian Pretzel and Sausage (1 serving) with Sliced German	1644	802	89	34
Blue Crab and Artichoke Dip (1 serving)	888	766	85	27
Blue Crab and Artichoke Dip (1 serving) with Garlic Herb Flatb	1011	807	90	27
Blue Crab and Artichoke Dip (1 serving) with Grilled Crostini	1222	881	98	29
Buffalo Boneless Wings (1 serving)	1138	527	59	13
Buffalo Boneless Wings, Small (1 serving)	623	313	35	8
Buffalo Wings (1 serving)	766	567	63	17
Buffalo Wings, Small (1 serving)	513	389	43	12
Cajun Butter Boneless Wings (1 serving)	1138	510	57	17
Cajun Butter Boneless Wings, Small (1 serving)	599	278	31	10
Cajun Butter Wings (1 serving)	707	503	56	18
Cajun Butter Wings, Small (1 serving)	412	293	33	10
Caribbean Coconut Shrimp (1 serving)	990	272	30	21
Cheese Curds and Hot Bacon Dip, Small (1 serving)	893	598	66	30
Cheese Curds with Hot Bacon Dip (1 serving)	1786	1195	133	60
Fried Calamari (1 serving)	978	544	60	11
Fried Calamari, Small (1 serving)	500	276	31	5
Legendary Garlic Fry Stand, Cone (1 serving)	876	372	41	5
Legendary Garlic Fry, Taster (1 serving)	387	163	18	2
Marzen-Glazed Chicken Wings (1 serving)	828	511	57	14
Southwest Egg Rolls (1 serving)	806	387	43	12
Southwest Egg Rolls, Shareable (1 serving)	1092	479	53	16
Southwest Wonton Nachos (1 serving)	1644	981	109	53
Southwest Wonton Nachos (1 serving) with Grilled Chicken	1699	986	110	53
Spicy Chili Beer Glazed Boneless Wings (1 serving)	1042	382	42	8

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	45	2006	114	14	3	23	1237	53
0	23	995	51	6	1	11	619	24
0	149	5737	140	6	3	42	977	1
0	209	6737	143	7	5	52	977	1
0	124	1032	10	2	4	15	1196	11
0	124	1674	27	3	4	17	1242	11
0	124	2596	57	4	4	24	1199	11
0	190	5342	83	4	5	61	1124	6
0	102	2771	42	2	3	31	594	3
0	207	1509	3	0	1	43	1061	2
0	132	1156	3	0	1	26	761	2
0	202	5642	89	6	7	61	1900	8
0	108	3094	46	3	4	31	1191	4
0	204	1262	6	1	2	43	1354	4
0	120	648	3	1	1	25	711	2
0	150	1152	155	15	81	28	713	44
0	141	1554	38	2	15	34	1314	1
0	282	3108	77	4	31	67	2629	1
0	521	2565	64	5	9	42	1247	32
0	261	1249	34	3	5	21	658	26
0	0	1586	112	14	1	14	637	53
0	0	695	50	6	1	6	318	24
0	212	644	21	0	12	51	599	4
0	94	2051	73	4	6	38	6221	24
0	136	2857	107	5	8	56	9203	31
0	251	3447	122	4	6	50	3456	23
0	279	3633	122	4	7	61	3489	23
0	160	4295	94	4	12	60	424	5

Calcium (mg)	Iron (mg)
410	6
203	3
521	2
521	2
189	2
190	3
190	5
132	2
88	1
80	2
67	1
130	3
73	2
61	3
33	2
73	4
780	1
1561	2
166	5
94	3
110	6
53	3
41	3
199	7
291	10
1087	11
1093	12
83	1

Spicy Chili Beer Glazed Boneless Wings, Small (1 serving)	521	191	21	4
Spicy Chili Beer Glazed Wings (1 serving)	669	423	47	12
Spicy Chili Beer Glazed Wings, Small (1 serving)	394	252	28	7
Steak Taco (1 serving)	282	161	18	4
Steak Taco Platter (1 serving)	832	483	54	13

Small Plates	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Asian Chicken Bites (1 serving)	718	66	7	1
Asian Chicken Bites, Individual (1 serving)	394	49	5	1
California Beach Tacos, Individual (1 serving)	330	91	10	2
California Beach Tacos, Shareable (1 serving)	983	273	30	6
Grass Fed Beef Sliders, Shareable (1 serving)	812	438	49	17
Grass Fed Beef Sliders, Shareable (1 serving) with Potato Chi	829	444	49	17
Grass-Fed Beef Sliders, Individual (1 serving)	283	156	17	6
Mini Bratwurst Sliders, Individual (1 serving)	291	158	18	5
Mini Bratwurst Sliders, Shareable (1 serving)	837	462	51	14
Nola Yellowfin Tuna (1 serving)	578	367	41	6
Nola Yellowfin Tuna, Individual (1 serving)	353	234	26	4

Fresh Greens	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Classic Chopped Salad (1 salad)	460	166	18	8
Classic Chopped Salad (1 salad) with 1000 Island Dressing	713	388	43	12
Classic Chopped Salad (1 salad) with Bacon Vinaigrette	650	322	36	11
Classic Chopped Salad (1 salad) with Bleu Cheese Dressing	677	365	41	14
Classic Chopped Salad (1 salad) with Creamy Herb Dressing	853	546	61	11
Classic Chopped Salad (1 salad) with Lemon Vinaigrette	771	450	50	12
Classic Chopped Salad (1 salad) with Light Balsamic Italian Dr	538	220	24	9
Classic Chopped Salad (1 salad) with Marzen Balsamic Vinaig	591	246	27	9
Classic Chopped Salad (1 salad) with Ranch Dressing	661	346	38	12
Classic Chopped Salad (1 salad) with Roasted Jalapeno Ranc	644	328	36	11
Gorgonzola Pear Salad (1 salad)	569	226	25	8
Gorgonzola Pear Salad (1 salad) with 1000 Island Dressing	822	448	50	12
Gorgonzola Pear Salad (1 salad) with Bacon Vinaigrette	760	383	43	11
Gorgonzola Pear Salad (1 salad) with Bleu Cheese Dressing	786	425	47	14
Gorgonzola Pear Salad (1 salad) with Creamy Herb Dressing	963	606	67	11
Gorgonzola Pear Salad (1 salad) with Lemon Vinaigrette	880	510	57	12
Gorgonzola Pear Salad (1 salad) with Light Balsamic Italian Dr	647	280	31	9

0	80	2148	47	2	6	30	212	3
0	176	462	14	0	8	42	360	2
0	106	248	7	0	4	25	214	1
0	26	295	23	3	4	8	841	16
0	77	880	65	7	11	23	2473	35

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	132	3247	96	5	40	62	2552	29
0	66	1783	52	3	23	32	2628	20
0	30	768	44	4	2	16	217	13
0	89	2305	131	12	5	48	644	35
1	145	1634	47	3	5	45	1558	27
1	145	1662	50	3	5	46	1558	28
0	52	555	15	1	2	16	559	7
0	36	1075	19	1	2	12	162	4
0	108	3168	50	2	7	36	164	6
0	64	973	21	2	1	30	898	16
0	34	600	13	1	1	15	781	13

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	97	1339	28	14	9	42	11615	63
0	120	1832	34	14	14	43	11727	64
0	107	1646	33	14	13	45	11617	64
0	124	1739	30	14	11	45	11741	64
0	105	1442	30	14	10	43	11642	63
0	97	1519	35	14	13	43	11625	74
0	97	1611	32	14	12	42	11626	65
0	97	1676	41	14	19	42	11618	63
0	107	1739	32	14	11	45	11731	65
0	106	1697	32	14	11	45	11819	67
0	91	1243	46	10	22	40	11075	66
0	114	1736	52	10	27	40	11187	68
0	101	1550	52	10	26	43	11077	67
0	117	1644	49	10	24	42	11201	67
0	99	1347	48	10	23	40	11102	67
0	91	1424	53	10	26	40	11085	77
0	91	1516	50	10	25	40	11085	68

41	1
30	2
18	1
35	2
88	6

Calcium (mg) **Iron (mg)**

76	5
49	3
48	3
142	8
237	6
238	6
107	2
60	1
169	4
40	2
26	1

Calcium (mg) **Iron (mg)**

372	6
377	6
376	6
460	6
376	6
374	6
372	6
372	6
374	6
381	7
282	5
287	5
287	5
370	5
286	5
284	5
282	5

Gorgonzola Pear Salad (1 salad) with Marzen Balsamic Vinaig	700	306	34	9
Gorgonzola Pear Salad (1 salad) with Ranch Dressing	770	406	45	12
Gorgonzola Pear Salad (1 salad) with Roasted Jalapeno Ranc	754	388	43	11
House Salad (1 salad)	146	47	5	2
House Salad (1 salad) with 1000 Island Dressing	273	157	17	4
House Salad (1 salad) with Bacon Vinaigrette	241	125	14	4
House Salad (1 salad) with Blue Cheese Dressing	255	146	16	5
House Salad (1 salad) with Creamy Herb Dressing	343	237	26	4
House Salad (1 salad) with Lemon Vinaigrette	302	188	21	5
House Salad (1 salad) with Light Balsamic Italian Dressing	185	74	8	3
House Salad (1 salad) with Marzen Balsamic Vinaigrette	212	87	10	3
House Salad (1 salad) with Ranch Dressing	247	137	15	4
House Salad (1 salad) with Roasted Jalapeno Ranch Dressing	238	128	14	4
Hummus and Goat Cheese Salad (1 serving)	592	309	34	9
Hummus and Goat Cheese Salad (1 serving) with Grilled Chic	725	321	36	10
Hummus and Goat Cheese Salad (1 serving) with Grilled Saltr	836	463	51	12
Iceberg Lettuce Wedge, Full (1 salad)	270	184	20	10
Iceberg Lettuce Wedge, Full (1 salad) with 1000 Island Dressir	649	517	57	16
Iceberg Lettuce Wedge, Full (1 salad) with Bacon Vinaigrette	555	418	46	15
Iceberg Lettuce Wedge, Full (1 salad) with Bleu Cheese Dress	595	482	54	19
Iceberg Lettuce Wedge, Full (1 salad) with Creamy Herb Dres	860	754	84	15
Iceberg Lettuce Wedge, Full (1 salad) with Lemon Vinaigrette	736	609	68	17
Iceberg Lettuce Wedge, Full (1 salad) with Light Balsamic Itali	386	265	29	11
Iceberg Lettuce Wedge, Full (1 salad) with Marzen Balsamic V	466	304	34	11
Iceberg Lettuce Wedge, Full (1 salad) with Ranch Dressing	571	454	50	16
Iceberg Lettuce Wedge, Full (1 salad) with Roasted Jalapeno I	546	427	47	15
Iceberg Lettuce Wedge, Half (1 salad)	135	92	10	5
Iceberg Lettuce Wedge, Half (1 salad) with 1000 Island Dressi	325	258	29	8
Iceberg Lettuce Wedge, Half (1 salad) with Bacon Vinaigrette	278	209	23	7
Iceberg Lettuce Wedge, Half (1 salad) with Blue Cheese Dress	297	241	27	10
Iceberg Lettuce Wedge, Half (1 salad) with Creamy Herb Dres	430	377	42	8
Iceberg Lettuce Wedge, Half (1 salad) with Lemon Vinaigrette	368	305	34	8
Iceberg Lettuce Wedge, Half (1 salad) with Light Balsamic Itali	193	132	15	6
Iceberg Lettuce Wedge, Half (1 salad) with Marzen Balsamic V	233	152	17	6
Iceberg Lettuce Wedge, Half (1 salad) with Ranch Dressing	285	227	25	8
Iceberg Lettuce Wedge, Half (1 salad) with Roasted Jalapeno	273	214	24	8
Salad Dressings (2 fluid ounces)	0	0	0	0
Salad Dressings (2 fluid ounces) with 1000 Island Dressing	253	222	25	4
Salad Dressings (2 fluid ounces) with Bacon Vinaigrette	190	156	17	3
Salad Dressings (2 fluid ounces) with Bleu Cheese Dressing	217	199	22	6
Salad Dressings (2 fluid ounces) with Creamy Herb Dressing	394	380	42	4
Salad Dressings (2 fluid ounces) with Lemon Vinaigrette	311	284	32	5
Salad Dressings (2 fluid ounces) with Light Balsamic Italian Dr	78	54	6	1
Salad Dressings (2 fluid ounces) with Marzen Balsamic Vinaig	131	80	9	1
Salad Dressings (2 fluid ounces) with Ranch Dressing	201	180	20	4
Salad Dressings (2 fluid ounces) with Roasted Jalapeno Ranc	184	162	18	4
Seafood Cobb Salad (1 salad)	658	389	43	19
Seafood Cobb Salad (1 salad) with 1000 Island Dressing	911	611	68	23
Seafood Cobb Salad (1 salad) with Bacon Vinaigrette	848	546	61	22
Seafood Cobb Salad (1 salad) with Bleu Cheese Dressing	875	588	65	25

0	91	1581	59	10	32	40	11078	66
0	101	1644	50	10	24	42	11190	68
0	100	1601	51	10	24	42	11278	70
0	9	218	20	4	5	5	8370	38
0	21	465	23	4	8	6	8426	39
0	14	372	23	4	7	7	8371	39
0	22	419	21	4	6	6	8433	38
0	13	270	21	4	6	5	8384	38
0	9	309	23	4	7	5	8375	43
0	9	355	22	4	7	5	8375	39
0	9	387	26	4	10	5	8372	38
0	14	419	22	4	6	6	8428	39
0	13	398	22	4	6	6	8472	40
0	33	1978	52	14	19	24	13379	98
0	98	2710	54	14	21	51	13459	99
0	99	2405	52	14	19	47	13437	102
0	56	943	4	2	2	17	977	7
0	91	1683	13	2	10	18	1144	9
0	71	1404	12	2	9	21	979	8
0	96	1544	7	2	6	21	1166	8
0	68	1098	7	2	5	18	1017	7
0	56	1213	14	2	9	17	992	23
0	56	1351	10	2	7	17	992	9
0	56	1450	23	2	18	17	982	7
0	71	1544	10	2	6	20	1150	9
0	69	1480	11	2	5	20	1282	13
0	28	472	2	1	1	9	488	3
0	45	841	7	1	5	9	572	5
0	36	702	6	1	4	11	490	4
0	48	772	4	1	3	10	583	4
0	34	549	3	1	2	9	508	4
0	28	607	7	1	5	9	496	11
0	28	676	5	1	4	9	496	5
0	28	725	12	1	9	9	491	4
0	35	772	5	1	3	10	575	5
0	35	740	5	1	3	10	641	7
0	0	0	0	0	0	0	0	0
0	23	493	6	0	5	1	112	1
0	10	307	5	0	4	3	2	1
0	27	401	2	0	2	2	126	1
0	8	103	2	0	2	0	27	0
0	0	180	7	0	5	0	10	11
0	0	272	4	0	3	0	10	2
0	0	338	13	0	11	0	3	0
0	10	401	4	0	2	2	115	2
0	9	358	4	1	2	2	203	4
0	386	1576	14	7	5	53	9958	55
0	409	2069	21	7	10	54	10070	57
0	396	1883	20	7	9	56	9960	56
0	412	1977	17	7	7	55	10084	56

282	5
284	5
291	5
109	3
111	3
111	3
153	3
111	3
110	3
109	3
109	3
110	3
114	3
387	10
402	11
401	11
165	1
173	1
173	1
299	1
172	1
170	1
167	1
166	1
169	1
180	1
83	0
86	0
86	0
149	0
86	0
85	0
83	0
83	0
84	0
90	1
0	0
5	0
5	0
89	0
4	0
3	0
1	0
0	0
2	0
10	0
562	6
567	6
567	6
650	6

Seafood Cobb Salad (1 salad) with Creamy Herb Dressing	1051	769	85	22
Seafood Cobb Salad (1 salad) with Lemon Vinaigrette	969	673	75	23
Seafood Cobb Salad (1 salad) with Light Balsamic Italian Dres	735	443	49	20
Seafood Cobb Salad (1 salad) with Marzen Balsamic Vinaigret	789	469	52	20
Seafood Cobb Salad (1 salad) with Ranch Dressing	858	570	63	23
Seafood Cobb Salad (1 salad) with Roasted Jalapeno Ranch I	842	552	61	22
Steak Salad (1 salad)	679	428	48	17
Steak Salad (1 salad) with 1000 Island Dressing	932	650	72	22
Steak Salad (1 salad) with Bacon Vinaigrette	869	584	65	21
Steak Salad (1 salad) with Bleu Cheese Dressing	896	627	70	24
Steak Salad (1 salad) with Creamy Herb Dressing	1073	808	90	21
Steak Salad (1 salad) with Lemon Vinaigrette	990	711	79	22
Steak Salad (1 salad) with Light Balsamic Italian Dressing	757	482	54	18
Steak Salad (1 salad) with Marzen Balsamic Vinaigrette	810	508	56	18
Steak Salad (1 salad) with Ranch Dressing	880	608	68	21
Steak Salad (1 salad) with Roasted Jalapeno Ranch Dressing	863	590	66	21
Traditional Caesar Salad (1 salad)	688	492	55	16
Traditional Caesar Salad (1 salad) with Add Grilled Chicken	821	505	56	16
Traditional Caesar Salad (1 salad) with Add Grilled Salmon	933	646	72	19
Traditional Caesar Salad, Side (1 serving)	344	246	27	8

Pizzas and Flatbreads	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
California Cobb Flatbread (1 piece)	106	53	6	2
California Cobb Flatbread (8 pieces)	845	424	47	18
Italian Cheese Pizza (1 slice)	156	46	5	2
Italian Cheese Pizza (8 slices)	1250	367	41	14
Margherita Flatbread (1 piece)	72	28	3	1
Margherita Flatbread (8 pieces)	573	225	25	9
Mediterranean Pizza (1 slice)	185	69	8	2
Mediterranean Pizza (8 slices)	1480	554	62	16
Pepperoni Pizza (1 slice)	191	75	8	3
Pepperoni Pizza (8 slices)	1530	601	67	24

Chefs Favorites	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Beer Battered Fish and Chips (1 serving)	1260	299	33	5
Beer Battered Fish and Chips (1 serving) with Side of Apple Sl	1553	547	61	9
Beer Battered Fish and Chips (1 serving) with Tartar Sauce	1853	867	96	15
Chicken Schnitzel (1 serving)	1586	722	80	27
Gorgonzola Ribeye (1 serving)	1070	672	75	33
Gorgonzola Ribeye (1 serving) with Roasted Garlic Mashed Pc	1344	813	90	43
Gorgonzola Ribeye (1 serving) with Seasonal Vegetables	1137	713	79	34
Housemade Tacos, Cajun Fish (1 serving)	1098	550	61	17

0	394	1680	16	7	6	53	9985	55
0	386	1757	21	7	9	53	9968	66
0	386	1849	18	7	8	53	9968	57
0	386	1914	27	7	15	53	9961	55
0	396	1977	18	7	7	55	10074	57
0	394	1934	19	8	7	55	10161	59
0	120	876	27	7	11	35	14645	52
0	143	1369	33	7	16	35	14757	53
0	130	1183	32	7	15	38	14646	53
0	146	1277	29	7	13	37	14771	52
0	128	979	29	7	13	35	14672	52
0	120	1056	34	7	16	35	14655	62
0	120	1148	31	7	14	35	14655	53
0	120	1213	40	7	22	35	14648	52
0	130	1276	31	7	13	37	14760	53
0	129	1234	31	7	13	37	14848	56
0	63	895	32	6	5	17	14713	68
0	129	1627	34	6	7	44	14793	70
0	130	1321	32	6	5	40	14771	73
0	31	447	16	3	3	9	7356	34

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	13	234	8	1	0	5	329	2
0	102	1870	63	6	3	38	2632	19
0	6	303	21	0	1	6	155	0
0	51	2420	168	1	5	51	1237	3
0	5	157	8	0	0	3	156	1
0	43	1256	61	3	2	24	1249	10
0	7	341	22	0	0	7	136	2
0	53	2730	176	3	3	53	1090	13
0	14	425	21	0	1	8	155	0
0	111	3400	168	1	5	61	1237	3

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	122	3356	167	15	2	72	212	26
0	134	3603	176	17	8	73	2755	50
0	148	3997	171	16	5	72	348	29
3	477	2611	134	7	7	69	2930	30
0	477	1914	0	0	0	92	674	1
0	517	2611	30	3	3	97	1032	16
0	477	2251	6	2	2	94	3251	19
0	111	3589	85	11	3	47	1810	21

566	6
565	6
563	6
562	6
564	6
571	7

282	8
287	8
287	8
371	8
286	8
285	8
283	8
282	8
284	8
292	9

482	4
496	5
496	4

241	2
-----	---

Calcium (mg)	Iron (mg)
--------------	-----------

63	1
501	5

83	1
665	11

58	0
463	4

87	2
699	13

83	2
665	13

Calcium (mg)	Iron (mg)
--------------	-----------

127	9
163	9
133	9

175	9
-----	---

114	6
168	7
142	7

490	3
-----	---

Housemade Tacos, Cajun Fish (1 serving) with Garlic Fries	1512	759	84	19
Housemade Tacos, Lobster and Shrimp (1 serving)	1072	552	61	17
Housemade Tacos, Lobster and Shrimp (1 serving) with Garlic	1486	761	85	19
Traditional Sausage Plate (1 serving)	1658	1091	121	35

Steak Card Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Choice of Sauce (1 serving)	0	0	0	0
Choice of Sauce (1 serving) with Gorgonzola Garlic Sauce	282	244	27	17
Choice of Sauce (1 serving) with Mushroom Beer Sauce	120	83	9	5
Choice of Side (1 serving)	0	0	0	0
Choice of Side (1 serving) with Cole Slaw	688	575	64	11
Choice of Side (1 serving) with Fruit	86	2	0	0
Choice of Side (1 serving) with Garlic Fries	475	257	29	3
Choice of Side (1 serving) with Housemade Chips	484	305	34	16
Choice of Side (1 serving) with Jasmine Rice	179	4	0	0
Choice of Side (1 serving) with Quinoa Kale Pilaf	445	141	16	2
Choice of Side (1 serving) with Roasted Garlic Mashed Potato	274	141	16	10
Choice of Side (1 serving) with Sweet Potato Fries	418	179	20	6
Choice of Steak (1 serving)	0	0	0	0
Choice of Steak (1 serving) with Grilled Brewery Steak	827	593	66	25
Choice of Steak (1 serving) with Grilled Ribeye Steak	903	513	57	22
Choice of Steak (1 serving) with Grilled Top Sirloin Steak	426	255	28	11

Pastas	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Bruschetta Chicken Pasta (1 serving)	1278	571	63	10
Cajun Pasta (1 serving)	1368	618	69	19
Lobster and Shrimp Mac N Cheese (1 serving)	1720	899	100	53
Smoked Chicken and Mushroom Pasta (1 serving)	1385	812	90	37

Simply Grilled Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Simply Grilled Fish (1 serving)	6	0	0	0
Simply Grilled Fish (1 serving) with Grilled Salmon	388	238	26	6
Simply Grilled Fish (1 serving) with Grilled Tuna	260	87	10	3

Woodford Reserve Bourbon Entrees	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Woodford Reserve Bourbon Glazed Chicken Breast (1 serving)	755	171	19	2
Woodford Reserve Bourbon Glazed Wild Alaskan Salmon (1 s	857	318	35	6

0	111	3650	131	17	4	52	1810	37
0	196	2308	82	10	3	44	1393	21
0	196	2369	127	15	3	49	1393	37
0	293	5130	81	9	36	44	1503	66

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	0	0	0	0	0	0	0	0
0	81	427	3	0	1	4	729	1
0	18	241	5	0	2	2	346	4
0	0	0	0	0	0	0	0	0
0	26	461	22	6	16	3	2840	79
0	0	15	20	2	17	1	1423	44
0	0	899	48	6	1	6	319	23
0	85	1347	24	2	3	21	675	10
0	0	164	41	1	2	3	26	0
0	0	407	67	6	12	10	6254	51
0	40	697	30	3	3	5	463	17
0	21	699	53	7	25	3	10702	8
0	0	0	0	0	0	0	0	0
0	205	1925	6	0	4	49	5	0
0	428	1620	0	0	0	90	5	0
0	103	1541	0	0	0	40	5	0

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	119	3059	108	7	21	62	3707	32
0	273	2262	110	9	14	68	2745	35
0	477	1717	127	6	7	69	3304	6
1	243	1394	100	7	12	39	2336	20

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	0	1	1	1	0	0	56	9
0	109	565	2	1	0	34	278	17
0	86	527	2	1	0	40	295	12

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	99	2318	88	7	30	50	8789	59
0	100	1392	85	7	27	44	8754	63

518 5

512 3

539 5

192 3

Calcium (mg) **Iron (mg)**

0 0

149 0

15 0

0 0

110 1

16 0

45 2

223 1

2 0

94 4

55 1

59 1

0 0

62 7

63 6

52 3

Calcium (mg) **Iron (mg)**

218 6

167 8

716 10

190 5

Calcium (mg) **Iron (mg)**

7 0

28 1

35 1

Calcium (mg) **Iron (mg)**

133 6

131 5

Sides	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Apple Cider Slaw (1 serving)	586	496	55	9
Asiago Garlic Fries (1 serving)	296	130	14	3
Coconut Shrimp (1 serving)	369	135	15	10
Custom Seasonal Vegetables (1 serving)	5	0	0	0
Custom Seasonal Vegetables (1 serving) with Vegetable Choice	36	3	0	0
Custom Seasonal Vegetables (1 serving) with Vegetable Choice	49	3	0	0
Custom Seasonal Vegetables (1 serving) with Vegetable Choice	36	1	0	0
Custom Seasonal Vegetables (1 serving) with Vegetable Choice	36	1	0	0
Custom Seasonal Vegetables (1 serving) with Vegetable Sauce	78	68	8	5
Custom Seasonal Vegetables (1 serving) with Vegetable Sauce	76	66	7	4
Custom Seasonal Vegetables (1 serving) with Vegetable Sauce	84	74	8	5
Custom Seasonal Vegetables (1 serving) with Vegetable Sauce	84	74	8	5
Housemade Potato Chips (1 serving)	70	22	2	0
Jasmine Rice (1 serving)	179	4	0	0
Legendary Garlic Fry (1 serving)	277	116	13	2
Quinoa and Kale (1 serving)	445	141	16	2
Roasted Garlic Mashed Potatoes (1 serving)	274	141	16	10
Seasonal Fruit (1 serving)	86	2	0	0
Seasonal Vegetables (1 serving)	67	41	5	0
Spaetzel and Mushrooms (1 serving)	736	367	41	14

Burgers	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Bacon (2 slices)	120	90	10	4
California Burger (1 serving)	581	271	30	9
California Burger (1 serving) with Burger Patty Option 12 oz Burger	1213	644	72	24
California Burger (1 serving) with Burger Patty Option Kobe Beef Burger	839	461	51	17
California Burger (1 serving) with Burger Patty Option Regular Burger	949	489	54	18
Double Bacon Double Cheeseburger (1 serving)	1197	609	68	25
Double Bacon Double Cheeseburger (1 serving) with Cheese Option	1357	735	82	33
Double Bacon Double Cheeseburger (1 serving) with Cheese Option	1362	744	83	36
Double Bacon Double Cheeseburger (1 serving) with Cheese Option	1349	719	80	33
Double Bacon Double Cheeseburger (1 serving) with Cheese Option	1357	717	80	33
GB Burger (1 serving)	320	56	6	2
GB Burger (1 serving) with Burger Patty Option 12 oz Burger	952	429	48	17
GB Burger (1 serving) with Burger Patty Option Kobe Beef Burger	578	246	27	10
GB Burger (1 serving) with Burger Patty Option Regular Burger	688	274	30	11

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	23	494	17	4	12	2	5138	49
0	5	812	36	5	1	5	227	17
0	75	98	46	7	18	14	91	1
0	0	360	1	0	0	0	244	27
0	0	410	5	2	2	3	2795	106
0	0	383	9	3	2	3	884	99
0	0	390	7	3	2	2	831	40
0	0	454	8	3	4	1	11972	29
0	20	451	2	0	1	0	545	29
0	17	437	2	0	1	0	486	29
0	22	460	2	0	1	0	559	29
0	22	460	2	0	1	0	546	28
0	0	111	11	1	0	1	2	4
0	0	164	41	1	2	3	26	0
0	0	496	36	4	0	4	160	17
0	0	407	67	6	12	10	6254	51
0	40	697	30	3	3	5	463	17
0	0	15	20	2	17	1	1423	44
0	0	337	5	2	1	1	2576	18
1	177	1356	74	4	2	16	1475	6

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	25	450	0	0	0	8	0	0
0	35	1291	65	3	13	14	1433	19
0	246	2992	66	3	13	74	1439	19
0	107	2880	66	3	13	30	1439	19
0	158	1753	65	3	13	49	1434	19
0	268	3200	60	1	10	85	1023	15
0	308	3470	60	1	10	95	1623	15
0	305	3545	60	1	10	92	1623	15
0	318	3463	60	1	10	95	1428	15
0	308	3300	62	1	10	97	1423	15
0	6	559	58	1	9	9	513	4
0	218	2260	58	1	9	68	518	4
0	78	2147	58	1	9	24	518	4
0	130	1021	58	1	9	43	514	4

Calcium (mg) **Iron (mg)**

72	1
71	2
31	2
2	0
43	1
38	1
34	1
29	1
4	0
3	0
3	0
4	0
5	0
2	0
38	2
94	4
55	1
16	0
27	1
75	5

Calcium (mg) **Iron (mg)**

0	0
247	3
305	9
257	6
280	7
188	9
488	9
488	9
492	9
588	9
128	3
185	9
137	6
161	6

GB Cheeseburger (1 sandwich)	325	57	6	2
GB Cheeseburger (1 sandwich) with Burger Patty Option 12 oz	957	429	48	17
GB Cheeseburger (1 sandwich) with Burger Patty Option Kobe	584	247	27	10
GB Cheeseburger (1 sandwich) with Burger Patty Option Regul	693	274	30	11
GB Cheeseburger (1 sandwich) with Cheese Choice American	404	117	13	6
GB Cheeseburger (1 sandwich) with Cheese Choice Blue Che	400	111	12	5
GB Cheeseburger (1 sandwich) with Cheese Choice Cheddar	405	120	13	6
GB Cheeseburger (1 sandwich) with Cheese Choice Gorgonzol	400	117	13	6
GB Cheeseburger (1 sandwich) with Cheese Choice Mozzarella	386	93	10	4
GB Cheeseburger (1 sandwich) with Cheese Choice Pepper J	401	111	12	6
GB Cheeseburger (1 sandwich) with Cheese Choice Swiss Ch	405	111	12	6
Gastro Pub Burger (1 serving)	498	190	21	8
Gastro Pub Burger (1 serving) with Burger Patty Option 12 oz	1130	562	62	24
Gastro Pub Burger (1 serving) with Burger Patty Option Kobe	756	380	42	17
Gastro Pub Burger (1 serving) with Burger Patty Option Regul	865	407	45	17
Marzen BBQ Burger (1 sandwich)	579	211	23	10
Marzen BBQ Burger (1 sandwich) with Burger Patty Option 12	1211	584	65	25
Marzen BBQ Burger (1 sandwich) with Burger Patty Option Ko	837	401	45	18
Marzen BBQ Burger (1 sandwich) with Burger Patty Option Re	947	428	48	19
Seasoned 12 oz Burger Patty (1 serving)	632	373	41	16

Sandwiches	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Bacon (2 slices)	120	90	10	4
Blackened Fish Sandwich (1 serving)	760	367	41	8
CBLT (1 serving)	988	513	57	16
California Chicken Sandwich (1 serving)	710	272	30	9
Ham and Gruyere Flatbread Sandwich (1 serving)	1163	659	73	18
Veggie Burger (1 sandwich)	882	256	28	6

Housemade Desserts	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Triple Chocolate Brownie (1 serving)	896	416	46	28
Warm Apple Bread Pudding (1 serving)	1270	552	61	35
Warm Apple Crostada (1 serving)	690	245	27	13

Gluten Sensitive Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Bun Choices for Gluten Sensitive Menu (1 bun)	0	0	0	0
Bun Choices for Gluten Sensitive Menu (1 bun) with Bun Choic	14	1	0	0
Bun Choices for Gluten Sensitive Menu (1 bun) with Bun Choic	317	148	16	5
California Burger (1 serving)	267	216	24	7

0	6	599	59	1	10	9	1017	15
0	218	2300	60	1	10	69	1023	15
0	78	2187	60	1	10	24	1023	15
0	130	1061	59	1	10	44	1019	15
0	23	980	59	1	10	13	1353	15
0	25	884	59	1	10	13	1242	15
0	26	734	59	1	10	14	1317	15
0	25	892	59	1	10	13	1242	15
0	22	751	59	1	10	14	1119	15
0	32	731	59	1	10	14	1220	15
0	26	649	60	1	10	15	1217	15
0	37	1247	63	1	12	16	1421	10
0	248	2948	63	1	12	76	1426	10
0	109	2835	63	1	12	31	1426	10
0	160	1709	63	1	12	51	1422	10
0	51	1495	72	1	18	22	1503	15
0	263	3196	72	1	18	82	1508	15
0	123	3083	72	1	18	37	1508	15
0	175	1957	72	1	18	57	1504	15
0	211	1701	0	0	0	60	6	0

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	25	450	0	0	0	8	0	0
1	181	3578	51	6	3	43	3320	44
0	162	2299	53	6	7	63	1528	37
0	130	1782	53	6	7	56	1571	39
0	161	3006	72	3	18	59	1914	13
1	15	1897	133	7	17	21	2738	52

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	212	261	108	1	95	9	1449	0
0	317	646	149	2	115	13	2063	1
0	29	532	104	2	70	5	228	6

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	0	0	0	0	0	0	0	0
0	0	11	3	1	1	1	425	2
1	19	418	38	5	3	4	445	1
0	28	857	8	3	4	6	780	7

131	3
188	9
140	6
164	7
243	3
243	3
281	3
243	3
283	3
283	3
331	3
269	4
327	10
278	6
302	7
284	3
342	9
293	6
317	7
58	6

Calcium (mg) **Iron (mg)**

0	0
109	5
306	5
298	4
261	2
233	7

Calcium (mg) **Iron (mg)**

121	4
353	3
76	1

Calcium (mg) **Iron (mg)**

0	0
11	0
21	1
130	0

California Burger (1 serving) with Bun Choice Iceberg Lettuce	281	217	24	7
California Burger (1 serving) with Bun Choice Toasted Gluten	585	364	40	13
California Chicken Sandwich (1 serving)	446	208	23	7
California Chicken Sandwich (1 serving) with Bun Choice Iceberg	453	208	23	7
California Chicken Sandwich (1 serving) with Bun Choice Toas	764	356	40	13
Double Bacon Double Cheeseburger (1 serving)	883	554	62	24
Double Bacon Double Cheeseburger (1 serving) with Bun Cho	890	554	62	24
Double Bacon Double Cheeseburger (1 serving) with Bun Cho	1201	702	78	29
GB Cheeseburger (1 serving)	11	1	0	0
GB Cheeseburger (1 serving) with Bun Choice Iceberg Lettuce	19	1	0	0
GB Cheeseburger (1 serving) with Bun Choice Toasted Gluter	329	149	17	5
GB Cheeseburger (1 serving) with Burger Patty Option 12 oz E	643	374	42	16
GB Cheeseburger (1 serving) with Burger Patty Option Kobe E	270	191	21	9
GB Cheeseburger (1 serving) with Burger Patty Option Regula	379	218	24	9
GB Cheeseburger (1 serving) with Cheese Choice American C	90	61	7	4
GB Cheeseburger (1 serving) with Cheese Choice Blue Chees	86	55	6	4
GB Cheeseburger (1 serving) with Cheese Choice Cheddar Cl	91	64	7	4
GB Cheeseburger (1 serving) with Cheese Choice Gorgonzola	86	62	7	5
GB Cheeseburger (1 serving) with Cheese Choice Mozzarella	72	37	4	3
GB Cheeseburger (1 serving) with Cheese Choice Pepper Jac	87	56	6	4
GB Cheeseburger (1 serving) with Cheese Choice Swiss Chee	91	55	6	4
Gastro Pub Burger (1 serving)	176	129	14	7
Gastro Pub Burger (1 serving) with Bun Choice Iceberg Lettuc	190	130	14	7
Gastro Pub Burger (1 serving) with Bun Choice Toasted Glute	493	277	31	12
Ham and Gruyere Sandwich (1 serving)	712	449	50	15
Ham and Gruyere Sandwich (1 serving) with Bun Choice Icebe	727	450	50	15
Ham and Gruyere Sandwich (1 serving) with Bun Choice Toas	1030	598	66	20

Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Blackberry and Citrus Cooler (1 drink)	112	2	0	0
GB Flavored Spritzer (1 drink)	42	0	0	0
GB Flavored Spritzer (1 drink) with Mango Flavor	141	0	0	0
GB Flavored Spritzer (1 drink) with Peach Flavor	138	0	0	0
GB Flavored Spritzer (1 drink) with Strawberry Flavor	144	0	0	0
Housemade Seasonal Lemonade (1 drink)	99	0	0	0
Housemade Seasonal Lemonade (1 drink) with Mango Flavor	296	0	0	0
Housemade Seasonal Lemonade (1 drink) with Peach Flavor	291	0	0	0
Housemade Seasonal Lemonade (1 drink) with Strawberry Fla	302	0	0	0

Kids Menu Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Kids Burger (1 sandwich)	325	96	11	4
Kids Burger (1 sandwich) with Cheddar Cheese	405	159	18	8
Kids Carrots and Ranch (1 serving)	182	137	15	3

0	28	867	11	4	5	7	1206	10
1	47	1275	46	8	7	10	1225	8
0	124	1507	12	3	5	48	918	12
0	124	1512	13	4	6	48	1130	13
1	143	1926	50	8	8	52	1363	13
0	261	2765	2	1	1	76	370	3
0	261	2770	4	2	2	77	583	5
1	280	3183	41	6	4	81	815	4
0	0	164	2	1	1	1	365	3
0	0	170	3	1	2	1	577	5
1	19	583	40	6	4	5	809	4
0	211	1865	2	1	1	60	370	3
0	72	1752	2	1	1	16	370	3
0	123	626	2	1	1	35	366	3
0	17	545	2	1	1	5	700	3
0	19	449	2	1	1	5	590	3
0	20	299	2	1	1	6	665	3
0	19	457	2	1	1	5	590	3
0	15	316	2	1	1	6	466	3
0	25	296	2	1	1	6	567	3
0	20	214	3	1	1	7	565	3
0	31	667	5	1	3	8	1272	9
0	31	678	7	2	4	8	1697	11
1	49	1085	43	6	6	12	1717	10
0	161	2582	21	1	16	51	1833	13
0	161	2593	23	2	17	51	2258	16
1	180	3000	59	6	19	55	2278	14

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	0	8	27	2	23	1	93	34
0	0	9	11	0	10	0	8	5
0	0	9	35	0	34	0	8	5
0	0	9	35	0	34	0	8	5
0	0	9	36	0	35	0	8	5
0	0	2	25	0	22	0	7	16
0	0	2	73	0	70	0	7	16
0	0	2	73	0	70	0	7	16
0	0	2	75	0	72	0	7	16

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	58	799	32	1	4	24	170	0
0	78	934	32	1	4	29	470	0
0	8	349	10	2	5	2	12001	5

141	1
151	2
241	2
246	2
262	3
71	6
76	6
93	8
13	0
19	0
35	2
71	6
23	3
46	4
125	0
126	0
163	0
126	0
165	0
165	0
213	0
145	1
156	1
167	2
228	2
238	3
249	4

Calcium (mg)	Iron (mg)
23	0
2	0
2	0
2	0
2	0
5	0
5	0
5	0
5	0

Calcium (mg)	Iron (mg)
94	4
244	4
25	0

Kids Cheese Pizza (1 slice)	91	18	2	1
Kids Cheese Pizza (6 slices)	547	111	12	6
Kids Chicken Cheddar Sandwich (1 sandwich)	374	119	13	5
Kids Chicken Fingers (1 serving)	137	54	6	1
Kids Chicken Fingers (1 serving) with Ranch Dressing	288	190	21	4
Kids Corn Dog (1 serving)	331	166	18	5
Kids Garden Salad (1 salad)	18	1	0	0
Kids Garden Salad (1 salad) with 1000 Island Dressing	144	112	12	2
Kids Garden Salad (1 salad) with Bacon Vinaigrette	113	80	9	2
Kids Garden Salad (1 salad) with Blue Cheese Dressing	126	101	11	3
Kids Garden Salad (1 salad) with Creamy Herb Dressing	215	191	21	2
Kids Garden Salad (1 salad) with Lemon Vinaigrette	173	143	16	2
Kids Garden Salad (1 salad) with Light Balsamic Italian Dressing	57	28	3	1
Kids Garden Salad (1 salad) with Marzen Balsamic Vinaigrette	83	41	5	0
Kids Garden Salad (1 salad) with Ranch Dressing	118	92	10	2
Kids Garden Salad (1 salad) with Roasted Jalapeno Ranch Dr	110	83	9	2
Kids Grilled Cheese (1 serving)	460	252	28	10
Kids Mac N Cheese (1 serving)	300	81	9	3
Kids Oreo Pie (1 serving)	350	144	16	7
Kids Pasta (1 serving)	106	20	2	0
Kids Pepperoni Pizza (1 slice)	107	31	3	1
Kids Pepperoni Pizza (6 slices)	641	189	21	9

Alcoholic Beverages	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Berry Prosecco Fizz (1 drink)	145	0	0	0
Champagne Mojito (1 drink)	191	1	0	0
Cosmopolitan (1 drink)	185	0	0	0
Cranapple Martini (1 drink)	161	0	0	0
Cranberry and Elderflower Fizz (1 drink)	225	0	0	0
Cucumber and Basil Collins (1 drink)	182	1	0	0
Flavored Mojito (1 drink)	99	1	0	0
Flavored Mojito (1 drink) with Mango Flavor	198	1	0	0
Flavored Mojito (1 drink) with Peach Flavor	195	1	0	0
Flavored Mojito (1 drink) with Strawberry Flavor	201	1	0	0
French 75 (1 drink)	184	0	0	0
French Martini (1 drink)	140	0	0	0

0	4	166	14	0	0	4	93	0
0	23	994	84	1	2	25	555	1
1	69	1013	32	1	5	31	527	1
0	13	289	14	1	3	7	0	0
0	21	590	17	1	5	8	87	1
0	40	670	32	1	10	10	100	9
0	0	18	3	2	1	1	4243	15
0	12	265	6	2	4	1	4299	16
0	5	172	6	2	3	2	4244	15
0	13	219	4	2	2	2	4306	15
0	4	70	4	2	2	1	4256	15
0	0	108	6	2	3	1	4248	20
0	0	154	5	2	3	1	4248	16
0	0	187	9	2	6	1	4244	15
0	5	219	5	2	2	2	4301	16
0	4	197	5	2	2	2	4344	17
0	40	800	38	0	2	16	1100	0
0	10	650	44	2	8	10	0	0
0	36	366	48	1	30	5	440	0
0	0	432	18	2	4	3	775	4
0	7	220	14	0	0	5	93	0
0	43	1320	84	1	2	28	555	1

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	0	1	14	1	5	0	4	13
0	0	18	19	2	14	1	329	12
0	0	5	12	0	5	0	17	13
0	0	7	15	0	7	0	0	11
0	0	2	26	0	23	0	0	4
0	0	7	27	0	23	0	147	8
0	0	18	7	1	3	0	323	11
0	0	18	31	1	27	0	323	11
0	0	18	31	1	27	0	323	11
0	0	18	32	1	28	0	323	11
0	0	1	14	0	10	0	6	14
0	0	1	15	0	8	0	128	25

50	1
302	6
241	2
11	0
12	0
60	2
28	1
30	1
30	1
72	1
30	1
29	1
28	1
28	1
29	1
33	1
380	2
150	2
96	3
6	1
50	1
302	6

Calcium (mg)	Iron (mg)
9	0
27	1
3	0
0	0
0	0
11	0
26	1
26	1
26	1
26	1
7	0
16	0

GB Sour (1 drink)	211	0	0	0
Grapefruit and Citrus Collins (1 drink)	151	0	0	0
Green Tea (1 drink)	142	0	0	0
Hemingway Daiquiri (1 drink)	197	0	0	0
Last Word (1 drink)	161	0	0	0
London Summer (1 drink)	370	0	0	0
Maestro Dobel Margarita (1 drink)	241	0	0	0
Mai Tai (1 drink)	230	0	0	0
Martini (1 drink)	146	0	0	0
Mimosa (1 drink)	132	0	0	0
Mojito (1 drink)	137	1	0	0
Negroni (1 drink)	166	0	0	0
Peach Martini (1 drink)	180	0	0	0
Pear of Bubbles (1 drink)	130	0	0	0
Raspberry Mule (1 drink)	138	1	0	0
Reserve Manhattan (1 drink)	173	0	0	0
Russian Mule (1 drink)	129	0	0	0
Sangria (1 drink)	201	1	0	0
Sidecar (1 drink)	175	1	0	0
Strawberry Soda (1 drink)	72	1	0	0
Tiki Punch (1 drink)	135	0	0	0

Healthy Menu Items	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)
Shrimp and Mango Tacos (1 serving)	446	128	14	2
Smoked Chicken Tostadas (1 serving)	512	294	33	10
Spicy Chicken Lettuce Tacos (1 serving)	409	125	14	3
Spicy Lettuce Tacos (1 serving)	432	151	17	4

0	0	22	8	0	4	0	2	4
0	0	1	17	1	14	0	34	41
0	0	88	33	0	17	0	18	4
0	0	20	18	0	15	0	19	11
0	0	1	13	0	12	0	12	7
0	0	80	65	0	64	0	6	3
0	0	482	28	0	18	0	22	13
0	0	5	30	0	24	0	168	28
0	0	0	2	0	0	0	0	0
0	0	5	11	0	8	1	3	50
0	0	18	16	2	12	1	329	14
0	0	0	5	0	1	0	14	3
0	0	7	13	0	8	0	15	36
0	0	0	4	0	1	0	0	0
0	0	10	13	1	11	0	33	9
0	0	0	4	0	2	0	0	0
0	0	10	11	0	10	0	30	7
0	0	4	26	1	13	0	72	18
0	0	1	16	1	14	0	9	24
0	0	2	11	1	6	0	307	8
0	0	14	21	0	19	0	170	61

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)
0	178	1426	52	7	11	29	3747	34
0	103	1296	32	6	6	23	6203	38
0	105	1265	23	7	9	45	5001	32
0	107	728	20	7	7	45	4941	32

2	0
15	0
3	0
7	0
3	0
4	0
9	0
18	0
0	0
1	1
30	1
2	0
3	0
0	0
9	0
0	0
5	0
13	0
19	0
17	1
18	0

Calcium (mg)	Iron (mg)
132	6
255	2
141	4
139	4